



Youthpass

YOUTH IN POLICY DIALOGUE

Ana Moura

BORN ON **16/02/1995** IN **Águeda, Portugal**

ACTIVELY PARTICIPATED IN A STRUCTURED DIALOGUE PROJECT

**JUVENTUDE19.27 – Diálogo com a juventude para
definição de políticas de juventude ao nível local.**

THE PROJECT TOOK PLACE FROM **01/05/2019**
TO **30/09/2021** IN **Águeda, Portugal.**

STRUCTURED DIALOGUE

Structured Dialogue stands for projects that enable discussions between young people, policy-makers and youth experts. Often initiated by young people, the projects can take the form of meetings, conferences, debates and events, or they can include a series of these activities. Structured Dialogue can be carried out at local, regional, national or European level. Young people are actively involved in all stages of the project. They develop competences, related to democratic participation among others, for example skills to formulate and debate their ideas and knowledge about policy processes. As a result of the projects, young people make their voices heard on how policies and services concerning youth should be shaped and implemented in Europe.

Erasmus+ is the European Union's programme for boosting skills and employability through activities organised in the field of education, training, youth, and sport. Youth activities under Erasmus+ aim to improve the key competences, skills and employability of young people, promote young people's active participation in the society, their social inclusion and well-being, and foster improvements in youth work and youth policy at local, national and international level.



PSIENTÍFICA
ASSOCIAÇÃO PARA PROMOÇÃO
Ana Moutas
DESENVOLVIMENTO SOCIAL

Ana Moutas

Representative of the organisation

The ID of this certificate is 9VW2-YNBB-UNQU-B1P8.
If you want to verify the ID, please go to the web site of Youthpass:
<http://www.youthpass.eu/qualitycontrol/>

Youthpass is a Europe-wide validation system for non-formal learning within the Erasmus+: Youth in Action Programme. For further information, please have a look at <http://www.youthpass.eu>.



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This document certifies that **Ana Moura** actively took part in a Structured Dialogue project called **JUVENTUDE19.27 – Diálogo com a juventude para definição de políticas de juventude ao nível local**. The project was organised by **Psientífica - Associação para a Promoção e Desenvolvimento Social**.

Altogether, 550 people took part in the project.

The overall aim and specific objectives of the project were:

- Potenciar a participação vida democrática e social;
- Garantir o diálogo com a juventude;
- Assegurar o contributo nos processos de tomada de decisão;
- Garantir o desenvolvimento de competências e de aprendizagens.

Main contents and activities of the project:

Sessões de Preparação
Youth Sessions
Evento Final



Águeda, 27/11/2021

Joana Amaral

Person in charge of the project



Ana Moura participated in the Structured Dialogue project JUVENTUDE19.27 – Diálogo com a juventude para definição de políticas de juventude ao nível local. Ana Moura had the following specific role / responsibility within the project:

Participante nas atividades principais:

- sessões de preparação;
- Youth Sessions

This part of the certificate is a self-assessment of learning and competence acquisition completed by the participant during the project. It is based on the Key Competences for Lifelong Learning defined by the European Union, and the specific competences tackled in the course of the project.

MULTILINGUAL COMPETENCE

Melhorei as minhas capacidades de comunicação. Tornei-me mais confiante e assertiva na comunicação das minhas ideias, de forma mais tranquila.

PERSONAL, SOCIAL AND LEARNING TO LEARN COMPETENCE

Foi muito importante as reflexões em grupo e os debates. Aprendi a definir metas e objetivos realistas e a pensar de forma mais concreta sobre as coisas.

CITIZENSHIP COMPETENCE

Aprendi que todos temos opiniões diferentes e temos de respeitar todos os pontos de vista. Porque as diferentes opiniões fazem-nos aumentar o nosso conhecimento sobre as coisas e a ser mais tolerantes com quem pensa diferente.

ENTREPRENEURSHIP COMPETENCE

O facto de termos pensado sobre as nossas necessidades e o que os jovens podem fazer para apresentar soluções sem estar sempre a precisar de ajuda foi muito bom para mim porque me ajuda a ter mais confiança nas minhas ideias e iniciativas.

CULTURAL AWARENESS AND EXPRESSION COMPETENCE

Nas sessões e no evento final principalmente foi muito importante ter conhecido outros jovens do município, porque me ajudou a perceber melhor quem tem ideias diferentes das minhas.



DIGITAL COMPETENCE

Nunca tinha usado um QRcode, aprendi uma coisa nova.

SPECIFIC COMPETENCES HIGHLIGHTED IN THE PROJECT

Aprendi muito, especialmente a confiar mais nas minhas ideias e comunicar com pessoas com decisão ao nível da política, de forma mais organizada e assertiva. Percebi também que somos todos diferentes mas todos iguais, pois apesar de pensarmos de forma diferente todos sentimos necessidades parecidas. foi muito bom poder contribuir para melhorar a minha freguesia e Águeda no geral.

Ana Moura

Participant

Águeda, 27/11/2021

Further information and original documents on the Key Competences for Lifelong Learning:

http://europa.eu/legislation_summaries/education_training_youth/lifelong_learning/c11090_en.htm

Further information about the Erasmus+: Youth in Action Programme and Youthpass:

<http://ec.europa.eu/programmes/erasmus-plus> and www.youthpass.eu